

In Memory of You – Candle Ceremony

Below is a memorial candle idea that you can use for your loved one on milestone dates. You simply need four candles and a copy of the memorial to read. One person can read the memorial while another lights the candles, or simply take turns. The candles can then be displayed in a special place in the home or at the place setting where the person sat at the dining room table.

If you rather have a memorial candle ceremony alone, that is okay too. The act of ceremony helps with healing, especially on milestone occasions. ***Feel free to change or add to the memorial verse to make it more meaningful.***

This memorial candle ceremony can also be shared with others who are not present. For example, a family that lost their daughter sent a similar memorial poem with four candles on a pretty tray to their friends and family. The recipients could then do a memorial service in their own home when it felt right.

Memorial Verse for Your Loved One

As we light these 4 candles in honor of you,
we light one for our grief,
one for our courage,
one for our memories,
and one for our love.

This candle represents our grief.

The pain of losing you is intense.
It reminds us of the depth of our love for you.

This candle represents our courage –

to confront our sorrow, to comfort each other, to change our lives.

This candle represents your memory –

the times we laughed, the times we cried, the times we were angry with each other, the silly things you did, the caring and joy you gave us.

This candle represents the light of love.

(If it's a special date, you could say "As we recognize this special day" or start below)
we cherish the special place in our hearts
that will always be reserved for you.

We thank you for the gift your living brought each of us.

We love you (*say your loved one's name*).